



Friday mornings at Lincoln Park – OUTDOOR SESSION

Lincoln Park is located at 11th & E Capitol St. NE Washington, DC 20003

Session I: September 9 – November 4- 9 weeks

- 9:15 am: ages 16m-2.5y** - Adult & Me Gymnastics
 - 9:45 am: ages 16m-2.5y** - Adult & Me Gymnastics
 - 10:15 am: ages 16m-2.5y** - Adult & Me Gymnastics
 - 10:45 am: ages 2.5-3.5y** - Gymnastics (drop-off optional)
 - 11:15 am: ages 3-4y** - Gymnastics**
- all classes are 30 minutes*

**denotes drop-off classes

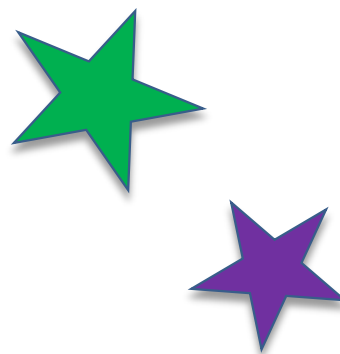
Saturday mornings at Yards Park – OUTDOOR SESSION

Yards Park is located at 355 Water St SE, Washington, DC 20003.

Session I: September 10 – November 5- 9 weeks

- 9:00 AM: ages 5-8y** - Gymnastics**
 - 9:30 AM: ages 3-5y** - Gymnastics**
 - 10:00 AM: ages 3-5y** - Gymnastics**
 - 10:30 AM: ages 18m-3y** - Adult & Me Gymnastics
 - 11:00 AM: ages 18m-3y** - Adult & Me Gymnastics
 - 11:30 AM: ages 4-8y** - Gymnastics**
- all classes are 30 minutes*

**denotes drop-off classes



Sunday mornings at Dance Exchange – INDOOR SESSION

The Dance Exchange is located at 7117 Maple Ave, Takoma Park, MD 20912

Please note that masks for over age 2 are required per the location's policies as of 7/12/22. If these policies change, we will update as needed.

Session I: September 11 – October 9- 5 weeks (*make-up if needed on Oct 23*)

Session II: October 30 – December 11- 6 weeks (*make-up if needed on Dec 18*)

9:00 AM: ages 18m-3y – Adult & Me Gymnastics

9:30 AM: ages 18m-3y – Adult & Me Gymnastics

10:00 AM: ages 3-5y – Gymnastics** - **FULL FOR BOTH SESSIONS**

10:30 AM: ages 2-3y – Intro to Dance**

11:00 AM: ages 3-4y – Ballet/Tap Combo**

11:45 AM: ages 4-5.5y – Ballet/Tap Combo**

all classes are 30 minutes except for the 11:00 and 11:45 am classes

**denotes drop-off classes

Sunday morning and Wednesday afternoon Power Tots classes are offered at the Edlavitch JCC in Washington, DC for the fall. The JCC handles all registration and planning, so please visit their website here to get more info.

... keep checking this space!

**More session announcements may be
coming soon!**

Session already started? No problem!

***In most cases, pending space in the class, we can
prorate for joining after the start date.***

***Email us at info@powertotsinc.com to find
out our registration policy and more details!***

Visit powertotsinc.com to enroll!