

WINTER 2023 SESSIONS in DC/MD



Saturday mornings at Dance Exchange (Takoma Park) – INDOOR SESSION

The Dance Exchange is located at 7117 Maple Ave, Takoma Park, MD 20912

Session I: January 14 – February 25- 7 weeks (*make-up if needed on Mar 4 and Mar 11*)

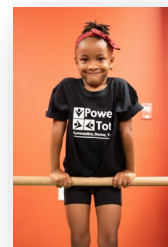
8:45 AM: ages 18m-3y – Adult & Me Gymnastics

9:15 AM: ages 3-5y – Gymnastics*

9:45 AM: ages 3-5y – Gymnastics* - **FULL**

10:15 AM: ages 5-8y – Gymnastics*

all classes are 30 minutes



Sunday mornings at Dance Exchange – INDOOR SESSION

The Dance Exchange is located at 7117 Maple Ave, Takoma Park, MD 20912

Session I: January 15 – February 26- 7 weeks (*make-up if needed on Mar 5 and Mar 12*)

9:00 AM: ages 18m-3y – Adult & Me Gymnastics

9:30 AM: ages 18m-3y – Adult & Me Gymnastics- **FULL**

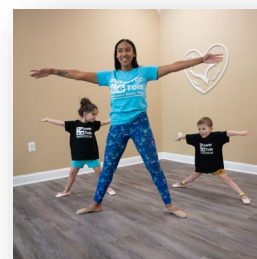
10:00 AM: ages 3-5y – Gymnastics* - **FULL**

10:30 AM: ages 2-3y – Intro to Ballet*

11:00 AM: ages 3-4y – Ballet/Tap Combo* - **FULL**

11:45 AM: ages 4-5.5y – Ballet/Tap Combo* - **FULL**

all classes are 30 minutes except for the 11:00 and 11:45 am classes



*denotes drop-off classes

Please note that masks for over age 2 are required in all common areas per the location's policies. If these policies change, we will update as needed.

Sunday morning and Wednesday afternoon Power Tots classes are offered at the Edlavitch JCC in Washington, DC for the winter. The JCC handles all registration and planning, so please visit their website to get more info.

Yards Park Saturday morning classes will be back in the spring!

Session already started? No problem!
In most cases, pending space in the class,
we can prorate for joining after the start date.
Email us at info@powertotsinc.com to find
out our registration policy and more details!



Visit powertotsinc.com
for more info or to enroll!