

WINTER 2026

SESSIONS in DC/MD



SATURDAY mornings at DANCE EXCHANGE (Takoma Park)

The Dance Exchange is located at 7117 Maple Ave, Takoma Park, MD 20912

January 3rd – February 28, 2026 – 8 weeks (no class Jan 17th)

9:00 AM: ages 18m-3y - Adult & Me Gymnastics

9:30 AM: ages 18m-3y - Adult & Me Gymnastics

10:00 AM: ages 3-5y - Gymnastics*

10:30 AM: ages 3-5y - Gymnastics*

11:00 AM: ages 5-8y - Gymnastics*

all classes are 30 minutes

**Denotes drop-off classes*

Makeup classes if needed March 7th and 14th

**REGISTRATION
OPENS
MONDAY, DECEMBER 15TH
AT 10:00 AM**

**Create or log into your
account at
powertotsinc.com to
register today!**

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Session already started? No problem!
In most cases, pending space in the class, we
can prorate for joining after the start date.
Email us at info@powertotsinc.com to find out
our registration policy and more details!